

# Metro Minute

[www.metropomona.com](http://www.metropomona.com)

October 2010

## Friends of the Fox Screen

### Psycho

In June of 1960, 50 years ago, the master of the macabre, Alfred Hitchcock, released the film *Psycho*. It would forever change people's attitudes toward taking showers. While the main star was Janet Leigh (nominated for an Oscar® and winner of a Golden Globe as best actress), the action actually revolved around newcomer Anthony Perkins and his character Norman Bates.

But it is the powerful direction of master Alfred Hitchcock which makes this film a truly frightening look into the mind of a truly disturbed individual. Also starring Vera Miles, John Gavin, Martin Balsam, and John McIntire, the film is also notable for the truly haunting score by Bernard Herrmann.

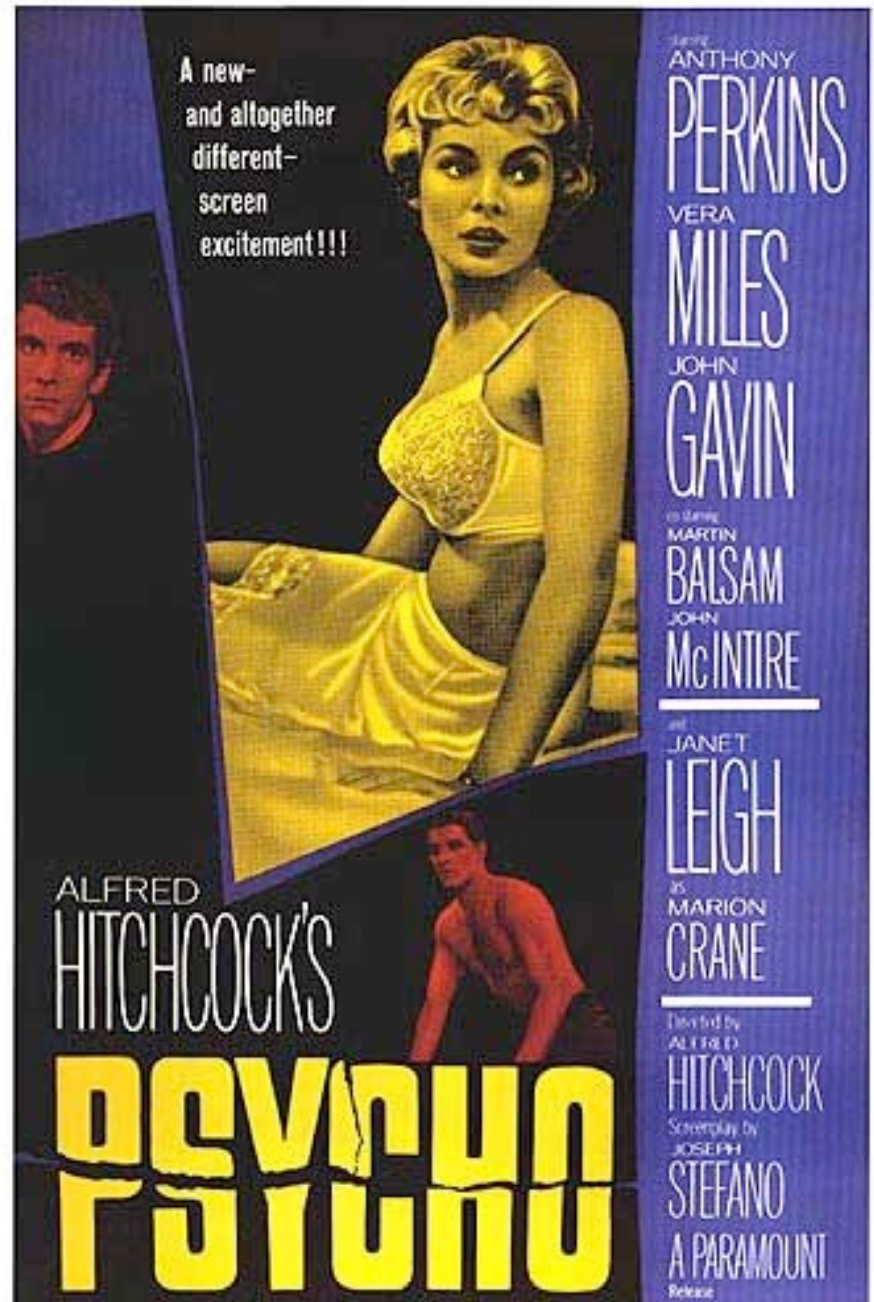
Thanks to Universal, our raffle this month will include the chance to win a copy of the 50th Anniversary Blu-Ray DVD of *Psycho*.

**Sunday, October 24**

**Doors open at 1:00pm**

**Screening begins at 2:00pm**

**Adults \$5.00 Children 12 and under \$3.00**



## A MIC AND DIM LIGHTS TO CELEBRATE IT'S TENTH ANNIVERSARY ON OCTOBER 7TH!

While most poetry venues only last a few months, Pomona's A Mic and Dim Lights has been up and going every Thursday night for the past ten years. A decade! When asked the reason for such longevity, Dim Lights host and co-founder Cory Besskepp Cofer said: "We embrace all poets and all poetry. This brings variety, it brings passion and connection, and it makes for really good poetry!"

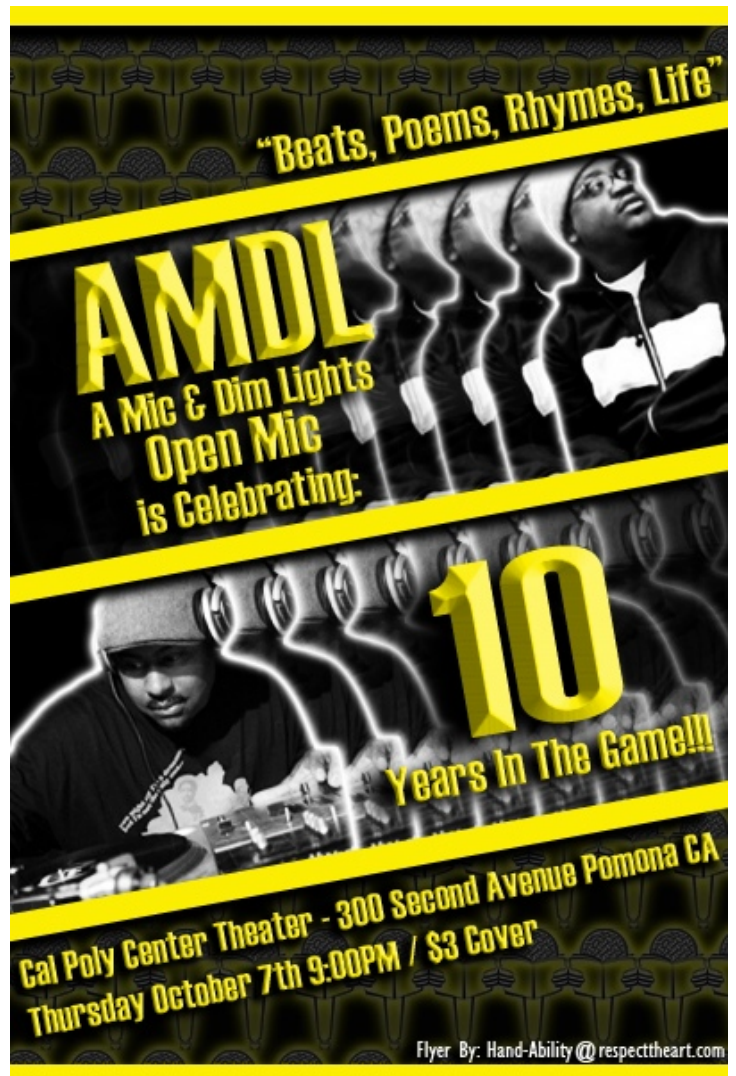
That variety is reflected by age (teens to seniors), subject matter (revolution to romance, religion to road rage, politics to porn), language (English, Spanish, Tagalog, Nahuatl), and the participation of every color and creed. Poets may sometimes be accompanied by electric guitar, jazz trumpet, or a choir.

There may be a poet reading a brand new poem from a cell phone or a highly rehearsed piece performed without a net. At A Mic and Dim Lights you will see poets getting up for the first time in their lives one week and a world famous poet/author like Luis Rodriguez the next. There are theme nights such as Ladies Night, Napkin Poetry Night, Hip-Hop Verse Night, and Erotic Night, not to mention a series of youth poetry slam competitions leading up to the National Brave New Voices Youth Poetry Competition. Dim Lights is an affiliate of the Council of Venues, a Southern California spoken word network with the motto "Getting more people heard by more people." Besskepp explains why: "We are all about the word, wherever it comes from. Let's grow together!"

As this new 21st century began, an explosive growth of poetry was underway so the establishment of A Mic and Dim Lights in the new millennium was no accident. James Brady and Cofer frequented poetry venues in Los Angeles, Orange County and as far as San Diego. "We decided to create something in the Inland Empire's Pomona Arts Colony so people could have a safe place to express themselves through poetry", says Brady, who is the co-founder and DJ of Dim Lights. Dim Lights has helped to keep that

poetic explosion going, giving thousands of poets the enthusiastic embrace that it is so well known for. In celebration of the word, there will be a special anniversary show at Dim Lights on October 7. Poets and musicians from the past ten years will bless the Dim Lights stage with poetry and music both old and new.

A Mic and Dim Lights  
Cal Poly Center Theater  
300 Second Avenue  
Pomona CA  
Thursday, October 7 9 PM  
\$3 Besskepp is available for interviews at  
626-367-2658 [besskepp@aol.com](mailto:besskepp@aol.com). Besides being the host and founder of Dim Lights, Besskepp is a teacher (Nogales High School, with one of the largest high school poetry clubs in California), an author (Up the Street Around the Corner), playwright (Homeless Beatboxer), and spoken word/hip-hop recording artist (Bluz Langwij and The Hey Moment).  
Contact: Cory Besskepp Cofer 626-367-2658  
[besskepp@aol.com](mailto:besskepp@aol.com)



SATURDAY OCT. 9 • 2010



12:00 PM TO 12:00 AM



Artists will be tattooing pink breast cancer awareness ribbons and other designs upon request. \$80 minimum. All proceeds from the event will be donated to the Breast Health Program at the Robert and Beverly Lewis Cancer Care Center.

The event has raised over \$10,000 for the cancer care center.

Art show, VIP area, live bands (to be announced) and more.

All donations are tax deductible.  
[www.inkdchronicles.com](http://www.inkdchronicles.com)

## 3rd Annual Tattoos for the Cure - A Breast Cancer Charity Event

Join Terry Dipple, owner of Ink'd Chronicles for a day (and night) of art, music and charity on **Saturday, October 9, 2010** for the **3rd Annual Tattoos for the Cure**. From noon until midnight the artists at Ink'd Chronicles will be tattooing pink breast cancer awareness ribbons and other color ribbons, as requested, with all of the proceeds from the event going to the Breast Health Program at the Robert and Beverly Lewis Family Cancer Care Center. The minimum tax-deductible donation is **\$80**, depending on the size and detail of the tattoo and **\$35** for body piercing. Terry Dipple hopes to exceed last year's event, which raised \$6,000 for the cancer care center.

In addition to tattoos and piercing, there will be a **fashion show, art show featuring tattoo-inspired art, raffles, prizes and live music** from **7:30 PM** until **11:30 PM**. There will be a complimentary **VIP party** for all participants and once again, there is no charge for art show and music.

Breast cancer touches everyone and Terry Dipple is no different. Two years ago, his fiancé was diagnosed with breast cancer. She was treated at the Robert and Beverly Lewis Family Cancer Care Center, which is part of Pomona Valley Community Hospital and today she is cancer free. To show his love and support, Terry got a pink breast cancer awareness ribbon tattoo just before the first Tattoos for the Cure, in 2008. Terry's daughter, Tess who is the manager and body piercer, at Ink'd Chronicles also got a pink ribbon tattoo as did other tattoo artists at the shop. In addition, his fiancé's daughter also got a pink ribbon tattoo.

The slogan at Ink'd Chronicles is **"Every tattoo has a story"** and Terry heard many moving stories from cancer survivors, friends and relatives who had lost a loved one to breast cancer. The event moved him and his artists to make Tattoos for the Cure an annual event.

**What can you do to help?** Become a corporate or individual sponsor. You do not have to get a tattoo to be a sponsor. However, if you want to get a breast cancer awareness ribbon or other tattoo in memory of or honoring a loved one, you can sign up by contacting Ink'd Chronicles. Sponsors and participants will receive tickets to the VIP reception being held the night of the event.

Ink'd Chronicles is a tattoo and piercing studio and art gallery located in the Pomona Arts Colony at 264 W. 2nd Street, Pomona, CA 91766. For more information, contact Terry Dipple at Ink'd Chronicles (909) 622-5351 or [terry@inkdchronicles.com](mailto:terry@inkdchronicles.com).

*Ink'd Chronicles*

*Every tattoo has a story.*

264 W. 2nd St • Pomona, CA 91766 • PH (909) 622-5351 • FAX (909) 622-5350 • [www.inkdchronicles.com](http://www.inkdchronicles.com)

*NY Delight* is proud to announce its Grand Opening Celebration, Saturday, October 9<sup>th</sup>, 6-9pm during Pomona's monthly Arts Walk. Now under new ownership, NY Delight is a long time Pomona favorite for the lunch spot for locals and visitors. Beginning October 1st, NY Delight will be operated by new owners, acclaimed Inland Empire artist Alex Couwenberg and gallery owner Andi Campognone, under the direction of Chef Smyth Johnson. **Delight** will continue its superior lunch service with its award winning sandwiches and catering service. In the coming weeks, **Delight** will be adding full coffee and pastry service to its daily menu and the addition of free wifi; a remodeled comfy décor will no doubt turn this eatery into the new "hang out" in Pomona. **Delight** will also be highlighting the work of local artists and participating in the Pomona Arts Colony monthly Arts Walk on every second Saturday.

Chef Smyth Johnson hails from the famed Le Cordon Bleu College of Culinary Arts. She worked under Chef Anthony Vidal in Las Vegas at the Hash House A Go Go, known for its "Twisted Farm Food." She also interned with Las Vegas' Amato's Bakery. Chef Smyth will be bringing both her knowledge of comfort food and pastries to **NY Delight**.

To add to the visitor's delight, the new owners have vowed to continue their contribution to the art community by offering exhibitions of the highest quality. Featuring Inland Region artists, **Delight** will have monthly exhibitions of photography and open mic nights for spoken word and musical events. Delight's grand opening exhibition will feature the photographic work of Lee Tintary. *Lee Tintary: Treini Italia* will run October 9 - November 6, 2010 with an opening reception on Saturday, October 9, from 6-9pm.

**Delight's** new hours of operation starting October 4<sup>th</sup> will be Monday thru Thursday, 6am to 3pm and Friday and Saturday from 7am to 9pm.

For additional information or images please contact Chef Smyth Johnson at [smythjohnson@gmail.com](mailto:smythjohnson@gmail.com)

NY Delight, 310 S. Thomas Street, Pomona, CA 91766 [www.nydelight.com](http://www.nydelight.com) (909)868-6518

**Andi Campognone**

[www.andicampognoneprojects.com](http://www.andicampognoneprojects.com)

## Pomona Heritage's 26<sup>th</sup> Annual Historic Home Tour

On Sunday October 17, 2010, Pomona Heritage will welcome historic home aficionados to its 26<sup>th</sup> Annual Historic Home Tour. This year will feature 5 beautiful, two-story homes representing 3 different architectural styles. The



tour will start at the historic *Ebell Club* building located at 585 East Holt. Tour Programs and Tickets will be available starting at 10am. Ticket prices: **Advance purchase \$20 / Day of Tour: \$25. The Homes will be open from 11 am to 5 pm.** Advance tickets for the tour are available online at [pomonaheritage.org](http://pomonaheritage.org) and at the following locations:

Frantz Cleaners, 1490 N. Garey Ave

Ferguson's Flower Gallery, 786 N. Garey Ave

UPS Stores at 101 W. Mission Blvd 110 & 168 W. Willow St.

Pomona Ebell Museum of History, 585 E. Holt Ave

Riverside Grill, 5258 Riverside Drive, Chino

Proceeds from the Home Tour benefit Pomona Heritage outreach activities, the Old Home Restoration Workshop and the Historic Restoration Grants program. For further Home Tour and vendor information call 866-833-4086.

## Carolyn's Corner

Autumn is here, at least that's what the calendar says, so for you beer drinkers who want to jazz things up I would suggest the following libations:

### The Chocolate Truffle:

pour in 1/2 ounce of chocolate liqueur  
1/2 ounce of raspberry liqueur  
then top off glass with 7 ounces of stout beer.

### Black velvet:

In a champagne glass float 3 ounces of stout on top of 3 ounces of champagne.  
don't stir, just drink.



### The Peacemaker:

Pour 1/2 ounce of irish cream and 1/2 ounce of irish whiskey into a shot glass.

Pour 8 ounces of irish stout into a pint glass.  
Drop shot glass into pint glass of beer and drink.

Try this one with rootbeer in place of the stout, it is yummy!

Get one of our local bars to make one up for you today.

Carolyn Hemming

## Zombie Walk

Saturday night, October 30, 2010 (the day before Halloween) is the night downtown Pomona will come "alive" with the walking dead...ZOMBIES!! Think you might make a realistic zombie? Let's put it to the test. Put on your best (worst) face and join in the fun. One rule..no body snatching!! The Zombie patrol will be on duty and watching out for that sort of thing. Let's all come together to make it the best Zombie Walk ever!

Barkeepers..let's hear about Zombie drinks...



**D.P.O.A.**  
DOWNTOWN  
POMONA  
OWNERS  
ASSOCIATION

119 W. 2nd St. Pomona, CA. 91766

[Downtownpomona@hotmail.com](mailto:Downtownpomona@hotmail.com)

(909) 469-1121

[www.metropomona.com](http://www.metropomona.com)

### Security Info

For all Non-Emergencies

Please Call: (909) 622-1241

All other Emergencies

Please Call 911